

## CROSS COUNTRY MON&WED

There will be several meets for with runners from Caldwell/W. Caldwell, W. Orange, Cedar Grove and Millburn. Meet dates will be emailed as soon as they are confirmed.

When: Mon & Wed

**Grades 3-8** - 6:00-6:45pm

## **Dates:**

**SEPT**: 11, 13, 18, 20, (SKIP 9/25), 27

OCT: 2, 4, (SKIP 10/9), 11 16, 18, 23, 25

Where: Cedar Grove Park on Fairview Ave.

Registration begins August 15 10:00AM Register at www.verona.nj.org Click on Recreation Registration \$50